

Foodcomp workshop

Module 6 - Activity 3

The King or the Queen of the canteen

Subject	The king or queen of the canteen during European Week Against Waste
Duration of activity	40 mn
Age	For all children aged over 6 eating in the school canteen
Type of activity (educational, recreational, practical, other)	Educational, practical and entertaining
Objectives	<p>Avoiding waste in municipal school canteens.</p> <p>Make children aware of the importance of not wasting food.</p> <p>Show children what they can do with the money they save by preventing food waste.</p>
Methods (presentation, discussion, film projection, brainstorming, educational games)	discussions, educational game
Forms of work (individual, group, other)	Individual
Materials needed	<p>A kitchen scale</p> <p>A sheet of paper with the children's names and the amount wasted each day.</p> <p>A reward for the best consumers, chosen by the municipality.</p>

Lesson scenario

Duration	Description	Materials used
	<p>Preparation : Install a kitchen scale in the canteen, Make a file with the first name of each child in the class to record the weight of daily waste.</p>	<p>A kitchen scale, A sheet of paper with the names of the pupils in the class eating in the canteen.</p>
5 mn	<p>Welcome and introduction:</p> <ul style="list-style-type: none"> • Checking the attendance list • Presentation of the lesson objective 	Dashboard, whiteboard
5 mn	<p>In class: Presentation of the European Week Against Food Waste. (You can present a video on this event). This event takes place every year in November.</p>	<p>Video Projector TV screen Internet.</p>
20 mn	<p>At the canteen: All children receive the portion of food they request according to their appetite. After each meal, each child in the class will have their leftovers weighed. At the end of the week, the child with the fewest leftovers is the anti-waste king of the week. They receive a reward chosen by the school.</p>	;
10 minutes	<p>Debriefing Explain to the children that they shouldn't take too big a portion and that it's better to have a refill. You can show the amount of waste produced by the children and tell them what they could have had with the savings made. Examples: games, clothes, gifts.</p>	